



Quality of Life
Athletics & Leisure

VOLLEYBALL RULEBOOK 2025

**7868 Main Street
Houma, LA 70360
Phone: (985) 873-6584
Email: tprec@tpcg.org
www.tprec.org**

A LETTER TO THE COACHES AND ATHLETES

As a parish athletics participant, pride yourself as a **coach** and/or **athlete** and a member of the community. You will be representing your team and teammates, but most of all you will be representing yourself and your family. As the programs offered by the Athletics Department continue to grow, you will be constantly in the eyes of your peers and the public. Conduct yourself in a manner to be praised as a coach and athlete, but most of all as a person.

Participation in athletics is a great way to display your abilities as a **coach** and/or **athlete**. Success will come through dedication, desire, and discipline. Coaches and athletes must discipline themselves to achieve athletic excellence.

When learning a sport, mistakes are inevitable. We can help youngsters to rebound by being positive. If a child is not performing correctly or improving, **do not** criticize. Remember our goal is to provide **good leadership** and **sound instructions** in the fundamentals of the game of flag football.

Good luck and best wishes throughout the season!

Hilary Domangue

Hilary Domangue

Director

Quality of Life -Athletics and Leisure

Program Facilitators

Hilary Domangue	Parish Athletics Director
Phillip Adams	Parish Athletics Administrator
Chris Singleton	Athletic Program Coordinator
Gregory Harding	Athletic Program Coordinator
Raschida Volter	Executive Secretary
Kellie Blanchard	Admin. Coordinator I
Denise Dryden	Admin. Coordinator I
Bobby Arceneaux	Girls Sports Supervisor

VOLLEYBALL LEAGUE RULES AND REGULATIONS

The official National Federation of High School Association Volleyball rulebook will govern all games. Only special rules and interpretations made by the Terrebonne Parish Athletics Department will supersede them. Terrebonne Parish Athletics will decide on all questions that arise and anything not covered within Terrebonne Parish Athletics' rules or by the National Federation of High School Association Volleyball rulebook.

The primary purpose of the Terrebonne Parish Athletics Volleyball Program is to instill in young athletes a sincere desire to develop a feeling of **citizenship, sportsmanship, loyalty, team spirit, and pride**. We sincerely thank the youth leaders and coaches for their efforts in making this dream a reality.

The registration deadline date will be established each season.

"Playing up" into the next age group must be approved by the Terrebonne Parish Athletics Department and a Release of Liability and Assumption of Risk form must be signed.

Ignorance of the rules is **NO** excuse.

ORGANIZATION OF TEAMS

Terrebonne Parish Athletics reserves the final decision related to team placement and roster limits based on the best interest of the program. Teams will be organized by the Terrebonne Parish Athletics Department based on age; primary residence/school individual is enrolled. Request by parent specific to childcare, custody, or transportation may be considered provided a parent submits a written request for approval. Rosters are limited to a minimum of **8** players and a maximum of **12** players (approval for exceptions can only be given by the Athletics Department staff). Teams will be populated to both the identified minimum to accomplish the needed players for game play and maximum number to ensure all players get playing time. If an age group from an area has players register but not enough to form a team, those players may be moved to a nearby team or moved up to the next age group. Players should play in their own age group and area of primary residence/school individual attends (approval for exceptions can only be given by the Terrebonne Parish Athletics Department). Each team will be allowed **three (3) approved coaches** on the bench during a game.

REGISTRATION/ROSTERS

Terrebonne Parish Athletics will accept online registrations for a minimum of four (4) weeks during an advertised open registration period. (**Open Registration Fee = \$20.00*). Online registration can be completed at TPREC.ORG, 24 hours a day, 7 days a week, during the advertised open registration period. **ALL REGISTRATIONS WILL REQUIRE A COPY OF THE CHILD'S BIRTH CERTIFICATE TO VERIFY NAME, AGE AND BIRTHDATE.**

Terrebonne Parish Athletics will provide each team's coach with a "**preliminary**" typed team roster in order for coaches to verify each roster. After coaches have verified their preliminary rosters, the Athletics department will provide each team's coach with an "**unofficial**" typed team roster in order that each player be contacted to begin practice.

If roster spots are available, Terrebonne Parish Athletics will advertise and open an in-person **LATE REGISTRATION** period. (**Late Registration Fee = \$30.00*). Teams will be populated according to placement criteria above with consideration to the maximum allowed on a team. If participants are added to a roster after the preliminary or unofficial roster was distributed, the Athletics department will provide an updated preliminary or unofficial typed team roster to the coach. *Note: Only the individuals listed on the unofficial roster will be allowed to practice.* **REGISTRATIONS ARE NOT GUARANTEED DURING A LATE REGISTRATION PERIOD. SPECIFIC PLACEMENT REQUEST MAY NOT BE AVAILABLE. TEAM COACHES ARE NOT AUTHORIZED TO ADD PLAYERS WITHOUT TERREBONNE PARISH ATHLETICS APPROVAL.** (**Late registration would only be available in-person at the Parish Athletics office and would be subject to the availability of open roster positions.*)

If there are any remaining roster positions available after the late registration period, Terrebonne Parish Athletics may advertise the specific positions by sport, team, age, and location for a possible **LAST CHANCE REGISTRATION**. The \$30.00 late registration fee will apply to any last chance registrations. **REGISTRATIONS ARE NOT GUARANTEED DURING A LAST CHANCE REGISTRATION PERIOD. SPECIFIC PLACEMENT REQUESTS MAY NOT BE AVAILABLE. TEAM COACHES ARE NOT AUTHORIZED TO ADD PLAYERS WITHOUT TERREBONNE PARISH ATHLETICS APPROVAL.** (**Last chance registration would only be available in-person at the Parish Athletics office and would be subject to the availability of open roster positions.*)

Terrebonne Parish Athletics will distribute the **"OFFICIAL"** rosters prior to the day of the first scheduled game. ***OFFICIAL TYPED AND VERIFIED ROSTERS WILL BE DISTRIBUTED BY TERREBONNE PARISH ATHLETICS AND SHALL NOT CONTAIN ANY HANDWRITTEN INFORMATION. ONCE TEAMS AND ROSTERS ARE FINALIZED, PLAYER CHANGES OR ADDITIONS WILL NOT BE ALLOWED.** Players should play in their own age group, area of primary residence or school attending (approval for exceptions can only be given by the Terrebonne Parish Athletics Department). Middle school players are eligible to participate in the Athletics program but **must** meet the registration deadline as well as all other requirements.

TEAMS WILL NOT BE ADDED TO THE PROGRAM AFTER THE ADVERTISED DEADLINE DATE EACH SEASON. This will ensure that all teams have a coach, have been insured and venues are available for both practice and games as well as allow enough time for Terrebonne Parish Athletics to create league schedules.

All players must be listed on an unofficial or official roster to take part in the program. Players shall only be listed on one (1) official roster. Coaches are not allowed to add players, swap players, accept players or drop players without consent from the Parish Athletics office. Once the league starts, a player must remain on the same roster for the remainder of the season.

Individuals who are members of school teams are eligible to participate in the Terrebonne Parish Athletics volleyball program. However, they must meet the registration deadline date and meet all other requirements.

EACH PLAYER MUST PLAY IN EVERY GAME

Coaches are reminded that the Terrebonne Parish Athletics Volleyball Program is a recreational program. It is meant for fun, enjoyment, and friendly competition. Players may be benched for disciplinary reasons or missed practices.

COACHES:

1. ***A TOTAL OF THREE (3) COACHES PER TEAM WILL BE ALLOWED ON THE BENCH OR COURT DURING A GAME. (No other individuals will be allowed on the bench or court. Exception: Approved individuals working or volunteering as directed by the Terrebonne Parish Athletics Department).***
- a. **Bench decorum:** Only the acting Head Coach shall be allowed to confer with the Head Official in accordance with the rules and/or Code of Conduct during the course of the game.
 1. **1st Violation:** Warning
 2. **2nd Violation:** Ejection
2. *An official list of all coaches must be turned in to the Athletics Department. Any changes/additions must receive approval in writing from the Athletics Department.*
3. Only Coaches whose name appears on the official list will be allowed on the bench or court for games and/or practices.
4. **Spectators** are NOT allowed on the playing field or on the sidelines during warm-ups or a game.
5. **Jewelry rule:** For the safety of everyone, no jewelry is allowed including rubber or silicone bracelets/wristbands.
6. A head coach must be at least 21 years of age.
7. Assistant coaches must be at least 18 years of age.
8. The head coach will determine the assignment of the assistant coach(s). All head coaches are responsible to completely check their entire roster to verify the date of birth of all players.
9. Any coach or player ejected from a game will be suspended from the next two scheduled games. If a coach or player is ejected twice during a season, he will be removed from the program for the remainder of the season, and the following season at a minimum.
10. Coaches will not take part or allow taunting or baiting before, during or after the game. This includes the use of social media. There will be a minimum of a two-game suspension for violation of this offense.
11. All coaches will be subject to approval by the Terrebonne Parish Athletics Department.
12. Each Coach must complete a background check (every 2 years) prior to participating in any Athletics activity.
13. Each Coach must complete a concussion awareness course prior to participating in any Athletics activity.

Louisiana Act 314 Concussion Protocol Certification (2 available ways to obtain online)

 - Online @ <https://www.cdc.gov/headsup/youthsports/training/index.html>
 - Online @ <https://nfhslearn.com/courses/61151/concussion-in-sports>.
14. Upon approval by the Athletics Department and completion of all requirements, ***Coaches will be issued a pictured ID badge which shall be worn at all times when performing the assigned youth athletic duties or activities, regardless of the location.***
15. Anyone found to be using an invalid ID Badge and/or another Coaches ID Badge shall be suspended for a minimum of two (2) weeks.
16. Coaches who let other individuals use their ID Badge for any occasion (Ex. Games/Practices) shall be suspended for a minimum of two (2) weeks.
17. Only players listed on the unofficial/official rosters are allowed to participate. If a coach has two (2) teams, the player must play on the team to which their name appears on the official roster. Players can

NOT move from age group to age group or team to team. Each player shall only be assigned to one (1) official roster. This rule applies to all regular session games and the end of the year tournament.

Who May Participate:

The program consists of players between the ages of 8 and 17. Leagues are divided as follows:

1. The age determining date is September 1. (Born before September 1)
2. All players must be registered with The Terrebonne Parish Athletics Department.

The following are needed in order to register.

- A. **“OPEN” REGISTRATION FEE** - (\$20.00) Registrations are accepted online at tprec.org, twenty-four hours a day/seven days a week, during the advertised open registration period. **Note: The open registration period will be a minimum of four (4) weeks.*
 - B. **LATE/LAST CHANCE REGISTRATION FEE** - (\$30.00) There will be a \$10.00 late registration fee applied during an established late/last chance registration period (\$20.00 + \$10.00 = **\$30.00**). Late/Last chance registration would only be available in-person during the advertised late/last chance registration period at the Terrebonne Parish Athletics office and is subject to the availability of open roster positions.
 - C. **PROOF OF AGE** - All registrations shall require a copy of the participant’s birth certificate to verify name, age, and birthdate.

*A player must be born before **September 1st** (***coaches are to double-check the birth dates of all players whose names appear on the roster***).
3. All players must be on the unofficial or official team roster to be allowed to participate in a practice or game.

VOLLEYBALL RULES

I. THE GAME

1. The object of the game is to hit the ball back and forth across the net, trying to prevent it from becoming DEAD on one’s own half of the court, also trying to cause the opponent to miss the ball.
2. The perfect volleyball play: BUMP, SET, SPIKE!
3. An official game can be played with four (4) players. The team must have four (4) players to start the game.

4. If your team has less than four (4) players, you can borrow the number of players needed in order to allow the game to be played but the game will be a forfeit. Every effort should be made to let the athletics play.
5. **ALL GAMES, INCLUDING FORFEITS, WILL CONSIST OF THREE (3) SETS REGARDLESS OF THE OUTCOME OF THE FIRST TWO (2) SETS.**
6. Each team will have two (2) time outs per set.
7. Jewelry Rule: For the Safety of everyone, no jewelry is allowed including rubber or silicone bracelets/wristbands.
8. Each team will be allowed a four (4) minute warm up before they play on the court. The time will start as soon as the players from the prior game are off the court.
9. No grace period, have your team ready to play 30 minutes before your scheduled time.
10. **DURING LEAGUE PLAY, GAMES CAN END IN A TIE.** **If the score is tied at the end of regulation play during a league game, the game shall end promptly. The official result of the game will be recorded as a tie. In the event a tournament game is tied at the end of regulation play, the game can continue until a winner is determined.*
11. If applicable, no borrowing players for the Parish Tournament. Players must play on the team they were assigned to during the regular season. You must have four (4) players to start the game from the team.
12. Only players listed on the official roster are allowed to play. If a coach has two (2) teams, the player must play on the team to which their name appears on the official roster. Players can NOT move from age group to age group or team to team. Each player shall only be assigned to one (1) official roster. This rule applies to all regular session games and the parish tournament.
13. **Bench personnel:** During games, a maximum of three (3) approved coaches are allowed on the bench. Except for players, no other adults or minors are allowed. **Coaches must have their ID badges on and visible at all times.**
 - **Bench decorum:** Only the head coach will be allowed to stand within the team box or bench area while the ball is in play.
 - (1) **1st Violation:** Warning
 - (2) **2nd Violation:** Yellow Card
 - (3) **3rd Violation:** Red Card
14. All players in attendance shall be in the rotation for each set during the match. (Exception: players sitting out due to disciplinary reasons.)
15. During the three (3) set game, there will be NO substitution of players or switching of the rotation of players during a set. Players must remain in the same rotation throughout a set. Coaches can alter their rotation prior to each set during the game.

II. SCORING

1. Rally Scoring
 - a. **ALL GAMES, INCLUDING FORFEITS, WILL CONSIST OF THREE (3) SETS REGARDLESS OF THE OUTCOME OF THE FIRST TWO (2) SETS.**
 - b. Peewee: 8–9-year-olds: First two (2) sets to 18 points. **Third (3rd) set will be 12 points.**

- c. Jr. Varsity: 10–11-year-olds: First two (2) sets 18 points. Third (3rd) set will be 15 points.
- d. Varsity: 12–14-year-olds: First two (2) sets 21 points. Third (3rd) set will be 15 points.
- e. Pre-Prep: 15–17-year-olds: First two (2) sets 21 points. Third (3rd) set will be 15 points.
- f. Time outs: two (2) per set
- g. After five (5) consecutive service aces or five (5) consecutive points or a combination of the two, it will be side out.

III. DEFINITION OF TERMS:

1. BLOCK – a defensive play in which players at the net attempt to block or interfere with the flight of the ball, which is being returned by the opponents.
2. BUMP – the ball is “bumped” off the forearm with the hands clasped together and the forearms side by side. (It helps to hyperextend the elbows and use the knees).
3. DEAD BALL – ball that is temporarily out of play.
4. DOUBLE BALL – faults committed simultaneously or on the same play by opponents.
5. FOOT FAULT – server steps ON or OVER the end line at the moment of serving the ball.
6. FOUL – a fault for which a point or side-out is awarded.
7. LIFT – allowing the ball to visibility come to rest even momentarily in the hands.
8. LEGAL HIT – ball that is given immediate impetus with any part of the body above and including the waist.
9. NET BALL – a ball may touch the net on the serve, however, during the play the ball may be played off the net if the person playing the ball does not touch the net.
10. OPPOENET’S COURT – playing area occupied by a team’s opponents.
11. FOULS & PENALTIES – player is allowed to make two (2) attempts to serve the ball over the net. Should the server decide not to serve the ball, the ball must hit the floor and not be touched by the server.
12. OWN COURT – playing area occupied by one’s own tea.
13. PERFECT PLAY – BUMP (pass)-SET-SPIKE.
14. POINT – scoring unit awarded to serving team for an infringement of the rules by the opponent. (Infringement means breaking the rules).
15. RESERVE – when the players commit fouls on opposite teams simultaneously or on the same play.
16. SERVER – player in the right back (RB) position who begins the play by “hitting the ball over the net.”
17. SERVING ORDER – sequence of service of a team’s player. Players must stay in correct rotation or lose the serve.
18. SET – a ball (other than a server) which is hit – volleyed higher and closer to the net then the pass so that it can be spiked.
19. SIDE-OUT – decision following the infringement of a rule by the serving team at which time service is awarded to the opposing team.
20. SPIKE – a ball (other than the serve), which is hit forcibly from a height greater than the top of the net.
21. TEAM – the six players who work together to defend their area and try to defeat their opponents.
22. TERM OF SERVICE – server continues to serve until side-out is called.

23. VOLLEY – hitting the ball before it bounces off the ground.
24. VOLLEYBALL – the game in which all legal balls must be hit on the volley.

IV.FOULS & PENALTIES:

1. SERVES THE BALL ILLEGALLY.
 - a. Fails to give immediate impetus upon contract.
 - b. Causes the ball to contact the net.
 - c. Fails to cause some part of the ball to pass over either one of the markers on the net within the two markers.
 - d. Causes the ball to strike or land outside the playing area. (IF THE BALL HITS ANY PART OF THE LINE - SHALL BE RULED "IN").
 - e. Causes the ball to strike an object directly over the court unless local ground rules alter this rule.
 - f. Commits a foot fault. (Touching the end line with the foot in act of serving).
 - g. Server may void first toss by allowing ball to fall on playing surface. The second toss must be served. PENALTY IS SIDE OUT.
2. PLAYS THE BALL ILLEGALLY
 - a. Fails to return the ball within the opponent's court.
 - b. Fails to cause some part of the ball to pass over either one of the markers on the net or within the two markers.
 - c. Hits the ball illegally, lifts, pushes, 2 hits, or carries.
 - d. Plays the ball more than ONCE in succession.
 - e. Becomes the fourth player on the team to contact the ball. (ONLY THREE HITS PER SIDE).
 - f. Catches or touches the ball, either on or off court will be ruled "OUT".
 - g. Plays the ball while supported by any player or object.
3. PLAYS ILLEGALLY AT THE NET
 - a. Holds or pushes the ball against the net.
 - b. Touches the net with any part of the body while the ball is in play.
 - c. Leaves the floor from a position which is not clearly behind the 10' line when executing a spike from a back line position.
 - d. Touches the floor on the opposite side of the center line.
 - e. Touches the opponent's court in completing a play.
4. PLAYS IN AN ILLEGAL POSITION
 - a. Fails to be in the correct serving order when the ball is served.
 - b. Blocks the ball over the net from a position not behind the 10' line. Plays the ball over the net from a position not behind the 10' line at a height greater than the top of the net while playing a back line position.
 - c. Player cannot receive a serve with an overhand attack with feet leaving the floor.

V. PENALTIES

1. Point – server scores if the receiving team fouls.
2. Side-out – receivers now serve if the service team fouls.
3. Re-play – if fouls are committed by players on the opposite teams either simultaneously or on the same play, the ball shall be reserved. (Any ball that is questioned shall be a reserve).

VI. OFFICIAL LEAGUE VOLLEYBALL

- Pee wee Ages 8-9 & Jr. Varsity Ages 10-11 = Lightweight volleyball 8oz.
- Varsity Ages 12-14 & Pre-Prep Ages 15-17 = Standard volleyball average 26-inch circumference

VII. GAME ROTATION

*SEE DIAGRAM

GENERAL TERRREBONNE PARISH ATHLETICS RULES

Individuals participating in the Terrebonne Parish Athletics Volleyball Program may be removed from the program for any of the following offenses:

- Arguing over referee calls
- Cursing
- Destruction of or defacing public property
- Fighting
- Poor sportsmanship
- Any other acts that are not in the best interest of the program.

Adult Offenses:

1. Endangerment of juveniles, any practice which places health and safety of juveniles in jeopardy.
Penalty: Two-year or permanent suspension
2. Teaching of offensive/defensive techniques or encouragement to hurt opponent physically is strictly prohibited. *Penalty: Two-year or permanent suspension.*
3. Fighting among team, opposing team, adults or fans.
Penalty: Two-year or permanent suspension.
4. Cheating of any type (i.e., forged birth certificates, filing false roster records or information) will not be tolerated. *Penalty: Two-year or permanent suspension.*
5. Threats—physical or otherwise against team, game officials or Terrebonne Parish Athletics personnel. *Penalty: Two-year or permanent suspension.*

Juvenile Offenses:

1. Fighting, hitting, kicking, striking or otherwise abusing opponents.
Penalty: Removal from game and a minimum of being suspended from next two scheduled games. A second offense—will result in being removed from the program for remainder of the season and the next season at a minimum.

MAKEUP GAMES

Decisions on make-up games are at the discretion of the Athletics Department.

PROTEST

Protest of any game based on ineligibility of a player, must be submitted in writing to the Athletics Office within forty-eight (48) hours of end of the game. **ELIGIBILITY IS THE ONLY GROUNDS FOR PROTEST.**

**Protest can be emailed to the Athletics department 24 hours a day/ 7-days a week. Email protest to tprec@tpcg.org.*

SPORTSMANSHIP

If in the opinion of a Supervisor or Official, a player conducts themselves in an unacceptable manner or commits an act that is deemed deliberate which may injure a player or any unsportsmanlike act, the game will stop, and that individual shall be removed from the game. The game will not continue until the ejected party has left the premises. If the individual does not leave, the Supervisor or Official will declare the game a forfeit. The individual shall be subject to disciplinary action as determined by the Athletics Department.

If in the opinion of a Supervisor or Official, a coach conducts themselves in an unacceptable manner the game will stop, and that individual shall be removed from the game. The game will not continue until the ejected party has left the premises. If the individual does not leave, the Supervisor or Official will declare the game a forfeit. The individual shall be subject to disciplinary action as determined by the Athletics Department.

TOURNAMENT PLAY

The decision on whether to hold an end of the year tournament is at the discretion of the Athletics Department. The League Director shall have the option to use either a Single Elimination Format, Double Elimination Format, or any other format as decided for any league tournament.

The League Director shall have the option to either have all teams in 1 playoff bracket or separate them into upper and a lower division(s) bracket(s), whatever they see fit to encourage growth of the league.

Ties are not allowed in tournament play. If the game is tied at the end of regulation in a tournament game, overtime will ensue.

DETERMINING TOURNAMENT SEEDING

The League Director MAY take into consideration a team's Win, Loss, Tie, forfeit record when determining tournament seeding. *However, the League Director shall have the option to seed teams how they see fit to encourage growth of the league.*

- Once a team/team(s) has/have been eliminated using a tiebreaker, the tiebreaker process continues again with the first tiebreaker for remaining teams.
- If teams have the same number of Win's Loss, Ties, and Forfeits then "Head-to-Head Score" between all the tied teams will be used.
- If Head-to-Head Score Seeding results in a tie, then the two captains shall flip a coin or RPS (Rock, Paper, Scissors) for the higher seed.

SUSPENSIONS

- A player or coach who is ejected from a game will be required to leave sight of the facility within 2 minutes. If a player or coach fails to leave after an ejection, the game will be forfeited.
- If any player or coach is ejected from the game, they shall be automatically suspended for a minimum of two (2) games, additional punishment could be handed down pending review by Athletics department staff.
- If the player or coach is ejected a second time during the season, they will be suspended for the remainder of the season and the following season, or if circumstances so warrant, be suspended from participation in any program and/or facility of the Athletics department indefinitely, pending review by staff.

- In addition to being automatically suspended for a minimum of two (2) games, any coach ejected from a game or suspended for any reason shall be required to complete the SPORTSMANSHIP course listed below before being allowed to return to the program. Upon completion of the course, a certificate of completion shall be submitted to the Athletics department. Completion of this course does not guarantee reinstatement.
 - <https://nfhslearn.com/courses/61151>
- If a coach is ejected from a game a second time or suspended a second time during the season, they will be suspended for the remainder of the season and the following season, or if circumstances so warrant, be suspended from participation in any program and/or facility of the Athletics department indefinitely, pending review by staff.

All policies and procedures outlined in the Youth Sports Program Handbook and the Child Abuse & Other Risk Management Plan must be adhered to for all Athletics programs.

NOTE TO SCOREKEEPERS/CLOCK OPERATORS

- Cell phones shall be picked up and NOT used during the course of the game.
- Earphones are not allowed to be used by scorekeepers/clock operators during the course of the game.
- “Visitors” are not allowed on the court and/or at the score table.
- Only scorekeepers, clock operators, coaches and supervisors are allowed at the score table.

(Exception: Approved individuals working or volunteering as directed by the Terrebonne Parish Athletics Department).

COACHES ARE INSTRUCTED TO READ THE FOLLOWING TO EACH TEAM MEMBER. THERE IS NO EXCUSE FOR THE FOLLOWING TO NOT BE KNOWN BY EACH PLAYER.

Any player, while under the jurisdiction of TPCG Athletics may be removed from the program for **fighting, poor sportsmanship, cursing, destruction/defacing of public property, throwing objects** and **other acts** that the department feels is not in the best interest of the program (includes practice sessions).

COACH'S CODE OF CONDUCT

Violation(s) of these rules will result in being suspended from all TPR programs for a minimum of two years.

1. Do not criticize an opposing team (players, coaches, fans, or officials) by word of mouth, gestures and/or social media.
2. Do not criticize your own team or players. Your focus should be on positive reinforcement.
3. Do not use abusive language, screaming/hollering, and/or profanity. It will not be tolerated.
4. Do not permit an ineligible player to participate in the game.
5. Do not run up the score. Show good sportsmanship.
6. Do not deliberately incite unsportsmanlike conduct.
7. Do not attend games or practices under the influence of alcohol or anything that may be considered an illegal intoxicant.
8. Do not recruit players or falsify a player's age or address.
9. Remove any player from the game or practice whenever slightly in doubt concerning his/her health, whether or not as a result of an injury. Pay attention to heat-related injuries.
10. Together with game officials, be jointly responsible for the conduct of and control of teams, fans, and spectators. Any fan that becomes a nuisance and out of control will be asked to leave.
11. Accept the decisions of the game officials as being fair and called to the best of their ability.
12. Strive to make every athletic activity serve as a training ground for life and as a basis for good mental and physical health.
13. Abstain from any activity unbecoming of a leader/role model and coach.

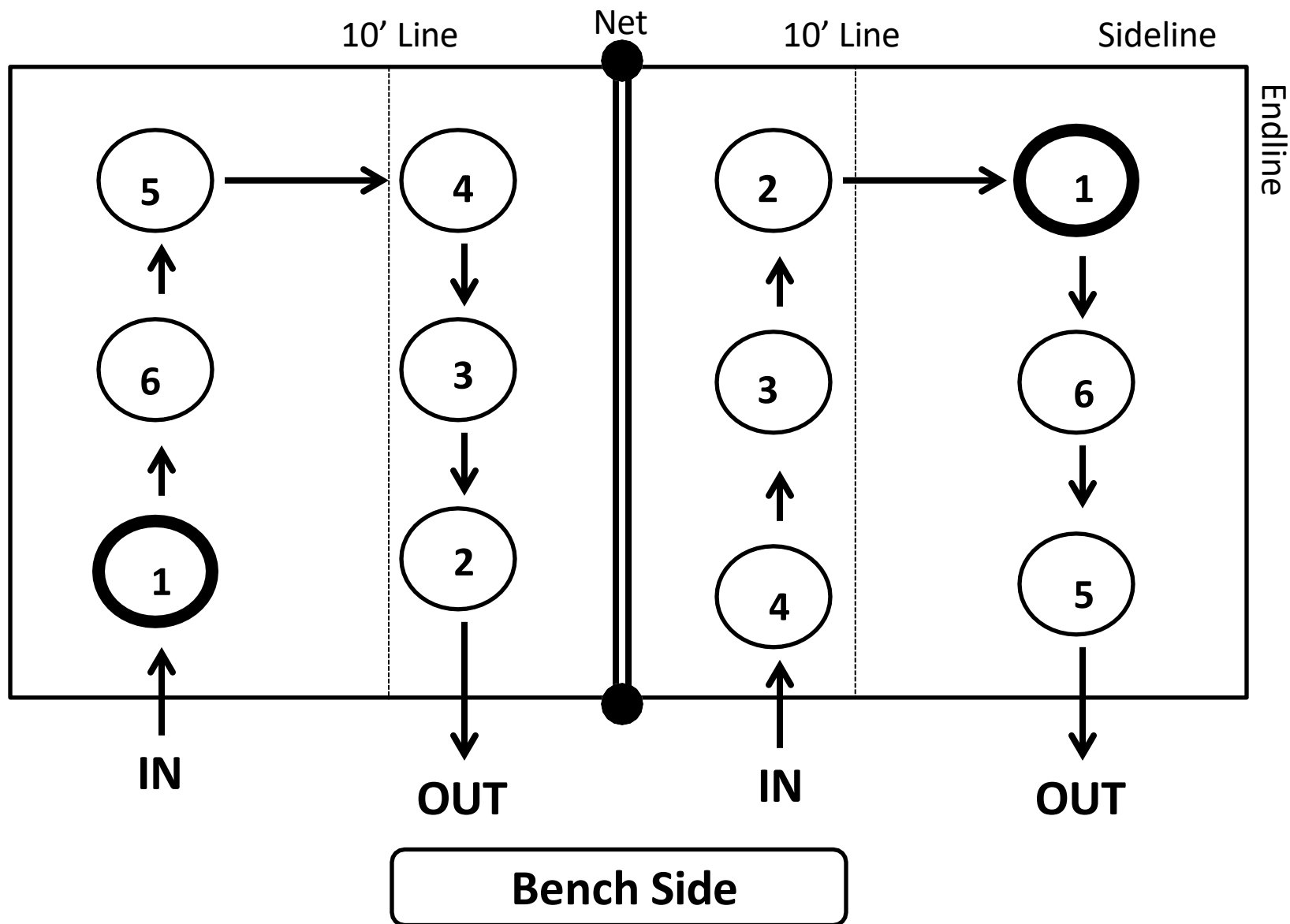
RECORD OF REVISIONS

Version	Date	Revision Type	Notes
1.0	6/14/21	Original Version	
1.1	8/23/21	Update	Registration Policy/Rosters
1.2	7/25/22	Update	Registration Process
1.3	7/14/23		Sportsmanship Course Requirement
1.4	8/8/24		Terrebonne Parish Athletics



TERREBONNE PARISH ATHLETICS

VOLLEYBALL PLAYER ROTATION





TERREBONNE PARISH ATHLETICS

VOLLEYBALL SERVING LINES

